

I'M GOING TO DR. MODI'S OFFICE!

A Social Story for My Dental Visit

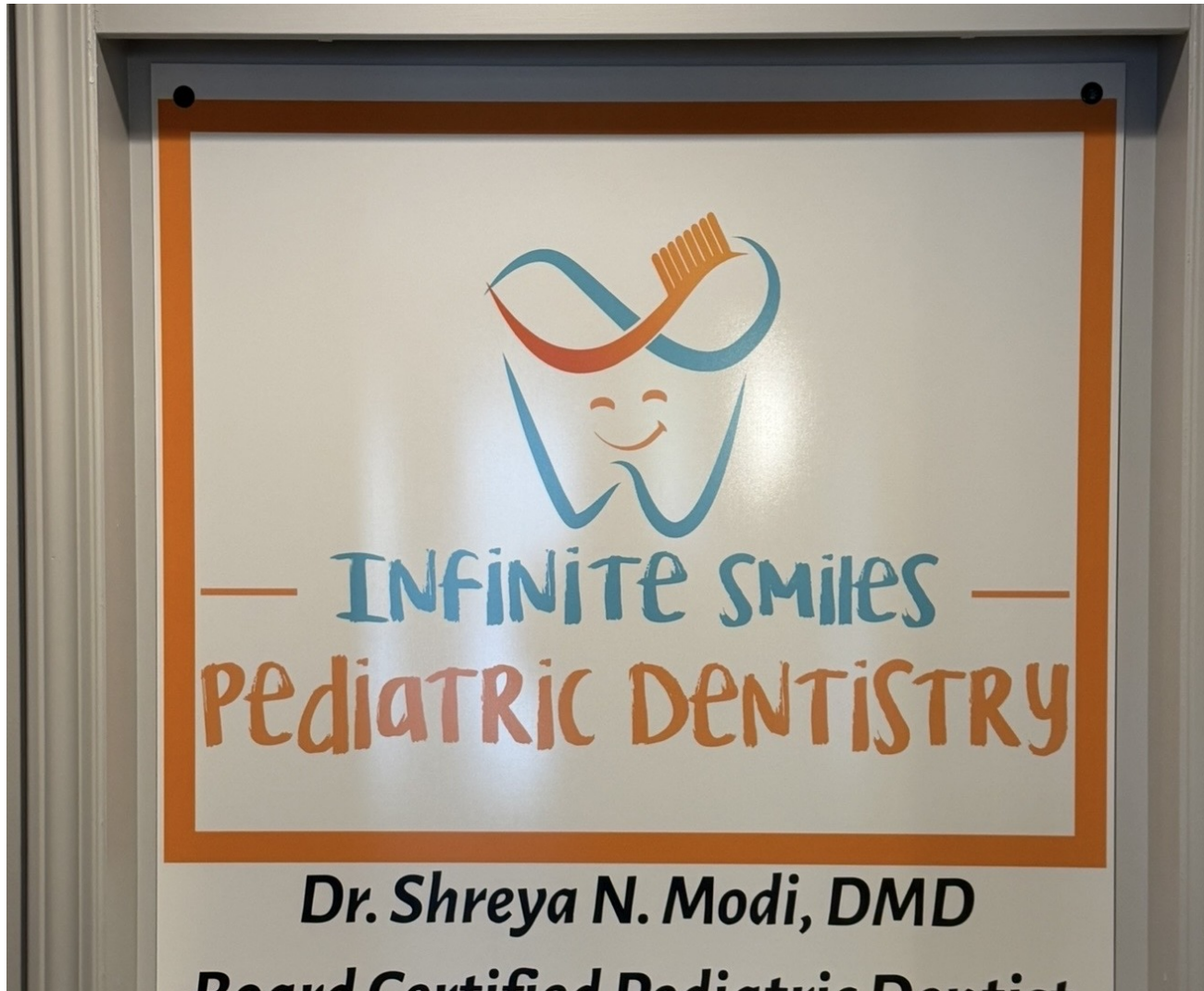
Written by Dr. Modi



I can look at this story with my grown-up before my visit.

I can take my time, ask questions, and ask for a break.

I am going to Dr. Modi's office!



WHAT MAY HAPPEN

This is Infinite Smiles Pediatric Dentistry. My grown-up and I can look at this story before we go.

TALK TOGETHER

Can you find the tooth in the sign?

First, we check in.



WHAT MAY HAPPEN

When we arrive, a friendly person at the front desk will greet us. My grown-up can help with check-in.

TALK TOGETHER

What could you say when someone says hello?

I may wait for a little while.



WHAT MAY HAPPEN

The waiting room has colorful chairs and things to look at. I can sit close to my grown-up while I wait.

TALK TOGETHER

Which chair would you choose?

This is Chompy and her baby Chewy!



WHAT MAY HAPPEN

Chompy and baby Chewy live in a cozy spot at Dr. Modi's office. I can say hello to them while I get comfortable.

TALK TOGETHER

Can you find Chompy and baby Chewy?

I may get to choose a flavor.



WHAT MAY HAPPEN

The dental team may show me different flavors. I can point to one I like, or my grown-up can help me choose.

TALK TOGETHER

Which flavor sounds best to you?

Dr. Modi wears crazy socks and shoes!



WHAT MAY HAPPEN

Dr. Modi likes silly, colorful socks and shoes. They are part of her fun sense of style. I can look to see what she is wearing today!

TALK TOGETHER

What do you notice about Dr. Modi's socks and shoes?

This dragon has LOTS of teeth!



WHAT MAY HAPPEN

Dr. Modi will count my teeth too. I can open my mouth and let her see how many teeth I have.

TALK TOGETHER

Can you show your grown-up how you open wide?

There is a cozy sensory space.



WHAT MAY HAPPEN

This room has soft seating and colorful things. Sometimes my dental visit can happen here if this space feels better for me.

TALK TOGETHER

What would help you feel comfortable here?

Here is one of the dental rooms.



WHAT MAY HAPPEN

A dental room has a special chair, a bright light, and dental tools. I may use a dental room, or we may do parts of my visit somewhere else that feels comfortable.

TALK TOGETHER

Can you find the dental chair?

There are different continents to visit!



WHAT MAY HAPPEN

The dental rooms have different continent themes. This room is Australia! I can look for koalas and pictures from Australia.

TALK TOGETHER

What Australia things can you find?

This is Flossy!



WHAT MAY HAPPEN

Flossy is a soft orange friend who lives at Dr. Modi's office. I may see Flossy while I am getting ready for my visit.

TALK TOGETHER

Can you say hello to Flossy?

This is Dr. Modi!



WHAT MAY HAPPEN

Dr. Modi is a big kid herself - she is 45 going on 5! She likes to be silly, have fun, and give BIG high fives.

TALK TOGETHER

Can you practice a big high five?

Dr. Modi may wear dental glasses and a mask.



WHAT MAY HAPPEN

This is what Dr. Modi looks like with her dental glasses and mask on. She may look a little different, but she is still the same Dr. Modi underneath!

TALK TOGETHER

Can you spot what looks different?

This is Miss Margaret.



WHAT MAY HAPPEN

Miss Margaret may brush my teeth. She can also help me pick out funny animal names for my teeth while she cleans them.

TALK TOGETHER

What animal name would you give one of your teeth?

I may have an X-ray picture.



WHAT MAY HAPPEN

Sometimes Dr. Modi needs a picture of my teeth. I will stand still for a short time while the machine takes the picture.

TALK TOGETHER

Can you practice standing still for five seconds?

There can be fun things too!



WHAT MAY HAPPEN

I may get a chance to play Pac-Man while I am at the office. My grown-up can help me know when it is time to stop.

TALK TOGETHER

Do you know how Pac-Man moves?

The dental team is here to help me.



WHAT MAY HAPPEN

The people at Infinite Smiles want me to feel safe and successful. It is okay if I need extra time, help, or a break.

TALK TOGETHER

Who can you ask for help?

At the end, I may visit the Prize Nook!



WHAT MAY HAPPEN

When my visit is finished, I may get to choose a prize. I can feel proud that I practiced going to the dentist.

TALK TOGETHER

What kind of prize would make you smile?

I AM READY TO PRACTICE MY VISIT!

My visit does not have to be perfect.

Trying, practicing, asking for help, and taking breaks are all successes.

One thing I am excited to see: _____

One thing that might feel hard: _____

Something that helps me feel calm: _____

My break signal can be:

say 'break' - raise my hand - tell my grown-up