

TREATMENT AT NATURAL SMILES

INVISALIGN & SPARK

CLEAR ALIGNERS

UNDERSTANDING YOUR TREATMENT

I.

WHAT IS THIS
TREATMENT?

Invisalign uses a series of custom-made, virtually invisible removable aligners to gently and precisely move your teeth into their ideal position. Your entire treatment is mapped out digitally before you start — so you can see your projected final result before a single aligner is worn.

II.

WHY IS IT BENEFICIAL?

Crooked or misaligned teeth affect more than aesthetics — they are harder to clean, more prone to wear, and can affect how you feel about your smile every day. Invisalign straightens them discreetly, comfortably and without any of the dietary restrictions or visible hardware of traditional braces. Most people who see you every day will not notice you are in treatment.

III.

WHAT YOU WALK OUT
WITH

A beautifully straight, confident smile that is yours to keep — with custom retainers to protect your result for the long term. Straighter teeth are also significantly easier to clean, reducing your risk of gum disease, decay and wear. The benefits extend well beyond how your smile looks.

96%

PATIENT SATISFACTION

900+

SMILES

6–18

MONTHS TYPICAL TREATMENT

YOUR TREATMENT JOURNEY

A SMILE, RESTORED

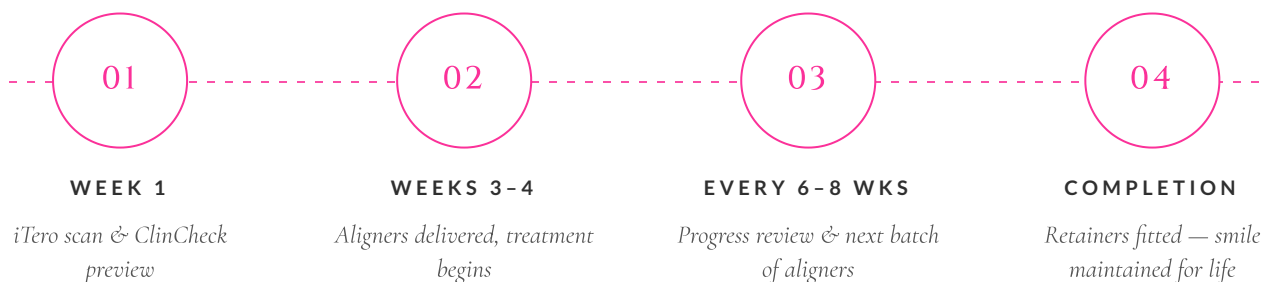
“Most of our Invisalign patients tell us the same thing: they spent years thinking about straightening their teeth and years finding reasons to delay. They also tell us, without exception, that they wish they had started sooner.”

Your Invisalign journey begins with a digital assessment using our iTero intraoral scanner — no messy impressions, just a precise 3D scan completed in minutes. Using Invisalign’s ClinCheck technology, we then create a full simulation of your tooth movements from start to finish, so you can see your expected final result before committing to a single aligner.

Once your bespoke aligners arrive, you wear each set for one to two weeks before progressing to the next. Each aligner applies gentle, controlled force to move specific teeth in precise increments. The mild pressure you feel when you switch to a new set is entirely normal — it is your teeth moving, exactly as planned.

Progress appointments every 6–8 weeks allow your clinician to confirm your teeth are tracking perfectly and provide your next batch of aligners. These appointments are brief and straightforward. Treatment concludes with custom-fitted retainers, worn nightly, to preserve your result for the long term. Your investment in your smile is protected.

TYPICAL TIMESCALES



CONSIDERED CARE, IN EVERY DETAIL

◆ VIRTUALLY INVISIBLE

The aligners are made from crystal-clear plastic and sit flush against your teeth — virtually impossible to detect in conversation or photographs. Most patients are surprised by how few people notice.

◆ REMOVABLE FOR EATING & CLEANING

Remove your aligners to eat anything you like and clean your teeth as normal — no dietary restrictions, no complicated cleaning tools, no wire-related breakages. Your daily routine is almost completely unchanged.

◆ PREVIEW YOUR RESULTS FIRST

Our ClinCheck simulation shows you a precise 3D animation of every tooth movement from start to finish — including your projected final result — before you commit to a single appointment. You approve the plan, then we begin. You will always know exactly where your treatment is heading.

◆ NO METAL OR WIRES

Smooth, rounded plastic aligners mean no ulcers from brackets, no emergency appointments for broken wires, and no discomfort from tightening. Invisalign appointments are brief and entirely comfortable.

◆ WHITENING INCLUDED

Professional take-home whitening is included as part of your Invisalign treatment — not an optional extra. Straightening and whitening together deliver a transformation that neither achieves alone.

◆ RETAINERS ON COMPLETION

Custom-fitted retainers are included on completion — the essential step that protects your result for life. Worn nightly, they ensure the smile you worked for stays exactly as it should.

WHAT OUR PATIENTS SAY



"I was terrified of the procedure but the team made me feel completely at ease. The results exceeded every expectation."

SARAH M. • PATIENT



"From the very first consultation, I knew I was in the right hands. I can eat, smile and laugh without a second thought."

JAMES T. • PATIENT



"The level of care throughout was exceptional. My confidence has been completely transformed. I cannot recommend Natural Smiles highly enough."

HELEN R. • PATIENT

YOUR APPOINTMENT JOURNEY

STEP BY STEP, AT YOUR PACE

NO.	APPOINTMENT	WHAT TO EXPECT	DURATION
1	CONSULTATION & ITERO SCAN <i>Digital assessment & ClinCheck preview</i>	A full dental assessment, clinical photography and a digital iTero scan completed in minutes. Before you leave, you will see a ClinCheck simulation of your projected final result — your completed smile, shown to you before treatment has even begun.	60 MIN
2	TREATMENT PLANNING REVIEW <i>ClinCheck approval & consent</i>	We review your personalised ClinCheck animation together in detail. You approve every tooth movement, refine the plan if anything does not feel right, and give consent. Aligners are ordered at this stage — treatment is about to begin.	30 MIN
3	ALIGNER FITTING — DAY ONE <i>Attachments placed & aligners fitted</i>	Small tooth-coloured attachments are bonded to specific teeth to help guide precise movement. Your first set of aligners is fitted and you leave with your full aligner pack. Treatment has begun — and it is already virtually invisible.	45–60 MIN
4	PROGRESS REVIEW 1 <i>Check at 6–8 weeks</i>	Your clinician checks that your teeth are tracking precisely against your ClinCheck plan. Your next batch of aligners is provided. Any minor refinements to attachments are made if needed. This is a brief, positive appointment.	20–30 MIN
5	PROGRESS REVIEW 2 <i>Midway assessment</i>	A thorough midway review with a digital scan to compare your progress against your ClinCheck plan. Seeing how far your teeth have already moved is often one of the most motivating moments of treatment.	30 MIN
6	PROGRESS REVIEW 3 <i>Final stage review</i>	Your final aligner set is issued. Impressions or scans taken for your custom retainers. Whitening trays provided at this appointment, ready to use the moment your aligners come off.	30 MIN
7	COMPLETION & RETAINER FITTING <i>Treatment complete — smile revealed</i>	Attachments removed, teeth polished, retainers fitted. Your Invisalign journey is complete. The smile in the mirror is the one you approved in your ClinCheck simulation — and now it is yours to keep.	30–45 MIN

APPROXIMATE TREATMENT FEES

Invisalign Lite (less complex)	£2,295 – £2,995
Invisalign Comprehensive	£3,995 – £4,295
iTero digital scan & ClinCheck	Included
Whitening on completion	£395 – £595
Retainers — one set	Included
Additional retainers on completion	£195 – £495

FLEXIBLE FINANCE OPTIONS

PAY AS YOU GO PER STAGE	Per stage
Payment per stage spread over treatment duration.	
0% — 12 MONTHS INTEREST-FREE	From £150
Interest-free, subject to credit approval.	
0% — 24 MONTHS LOWER OUTGOINGS	From £75
Interest-free, lower monthly commitment.	
LOW APR — 36–60M EXTENDED	From £40
Extended terms. Representative APR 9.9%.	

*Finance subject to credit approval. 0% interest available on treatments over £1,000. Extended terms available at a representative APR of 9.9%. Most patients find Invisalign is comfortably within reach — particularly when spread over the duration of treatment.

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Exceptional Dentistry · Exceptional Care

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