



NATURAL SMILES

IMPLANT & COSMETIC DENTISTRY

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TREATMENT AT NATURAL SMILES

COMPOSITE BONDING & WHITENING

UNDERSTANDING YOUR TREATMENT

I.

WHAT IS THIS TREATMENT?

Composite bonding is a minimally invasive cosmetic treatment in which tooth-coloured resin is sculpted directly onto your teeth by hand — correcting chips, gaps, uneven edges and discolouration. No drills. No injections in most cases. Often completed in a single appointment, with results you can see immediately.

II.

WHY IS IT BENEFICIAL?

If you have been hiding your smile in photos, covering your mouth when you laugh, or simply feeling held back by teeth you are not happy with — composite bonding can change that, often in a single visit. Combined with professional whitening, it delivers a noticeably brighter, more even smile with virtually no sensitivity and no needles in most cases.

III.

WHAT YOU WALK OUT WITH

You leave the practice the same day with a noticeably brighter, more even smile — one that feels entirely natural and entirely yours. No waiting. No temporaries. Just the version of your smile you have always wanted, ready to walk out with.

99%

PATIENT SATISFACTION

10000+

SMILES CREATED

1-2

APPOINTMENTS TYPICAL

A SMILE, RESTORED

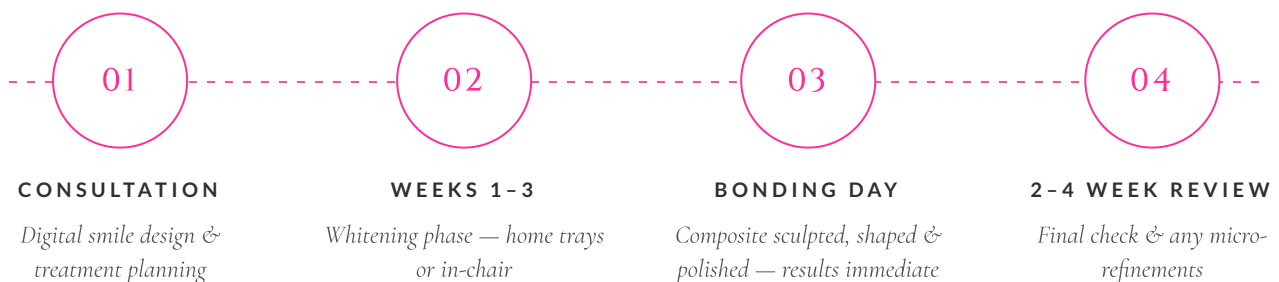
“Most of our composite bonding patients tell us the same thing afterwards: they wish they had done it sooner. The results are immediate, it’s far more comfortable than they expected, and for the first time in years, they smile without thinking about it.”

Your journey begins with a smile design consultation where your clinician photographs your teeth and takes time to understand exactly what you would like to change. Using digital smile design tools, we show you a preview of your proposed result before a single thing is touched — so you are completely confident in what to expect, and no treatment begins until you are happy with the plan.

Whitening comes first — either with professional in-chair treatment or bespoke take-home trays over 2–3 weeks. Once your teeth have reached their ideal shade, your composite is colour-matched precisely to sit alongside it naturally. The resin is then applied by hand, sculpted tooth by tooth, and polished to a finish that looks and feels completely your own. No injections are required in most cases.

Most treatments are completed in one to two appointments, with no recovery period whatsoever. You leave the same day with a visibly enhanced smile. Composite bonding typically lasts 5–7 years with the right care — and patients who follow our simple maintenance guidance and wear a night guard where recommended consistently report their results lasting towards the top of that range.

TYPICAL TIMESCALES



CONSIDERED CARE, IN EVERY DETAIL

◆ NO DRILLING REQUIRED

Unlike veneers or crowns, composite bonding requires no removal of your natural tooth structure in the vast majority of cases. Your teeth are left entirely intact — we simply add to them.

◆ IMMEDIATE RESULTS

You leave the practice the same day with a visibly transformed smile. No waiting. No temporaries. Patients frequently tell us they went straight out that evening.

◆ REVERSIBLE TREATMENT

Because your natural tooth structure is fully preserved, composite bonding is one of the few cosmetic treatments that can be refined or reversed if your preferences ever change. You are never locked in — which means you can proceed with complete confidence.

◆ NATURAL AESTHETICS

Our clinicians sculpt and polish every tooth by hand, using artistic techniques developed across thousands of cases. The result looks and feels completely natural — because it is built around your unique tooth shape, proportions and shade.

◆ WHITENING INCLUDED

Professional whitening is built into your smile plan — not offered as an optional extra. We whiten first so your composite is colour-matched to your brightest natural shade, giving you a result that is cohesive, radiant and long-lasting.

◆ AFFORDABLE & ACCESSIBLE

Composite bonding delivers one of the strongest returns of any cosmetic dental treatment — a genuinely life-changing result at a fraction of the cost of porcelain veneers, often completed in a single visit.

WHAT OUR PATIENTS SAY

★ ★ ★ ★ ★

"I was terrified of the procedure but the team made me feel completely at ease. The results exceeded every expectation."

SARAH M. • PATIENT

★ ★ ★ ★ ★

"From the very first consultation, I knew I was in the right hands. I can eat, smile and laugh without a second thought."

JAMES T. • PATIENT

★ ★ ★ ★ ★

"The level of care throughout was exceptional. My confidence has been completely transformed. I cannot recommend Natural Smiles highly enough."

HELEN R. • PATIENT

YOUR APPOINTMENT JOURNEY

STEP BY STEP, AT YOUR PACE

NO.	APPOINTMENT	WHAT TO EXPECT	DURATION
1	SMILE DESIGN CONSULTATION <i>Assessment, photography & digital preview</i>	Clinical photographs and shade assessment, followed by a detailed discussion of what you would like to change. We design your new smile digitally and show you the result before anything is agreed — you decide when you are completely happy.	45–60 MIN
2	WHITENING — STAGE 1 <i>Trays fitted or in-chair treatment begins</i>	Bespoke whitening trays fitted precisely to your teeth, or in-chair whitening carried out. You either begin your home whitening phase or leave the same day with teeth that are already visibly brighter.	60–90 MIN
3	WHITENING REVIEW <i>Shade assessment & bonding planning</i>	We confirm your teeth have reached their ideal shade, then select your composite colour with precision. Your bonding appointment is confirmed — this is the moment the transformation begins in earnest.	20–30 MIN
4	COMPOSITE BONDING <i>Sculpting, shaping & polishing</i>	Composite resin is applied to each tooth individually, sculpted by hand for natural shape and proportion, then polished to a beautiful, light-catching finish. No injections are needed in most cases — most patients are surprised by how comfortable the experience is.	60–120 MIN
5	REVIEW & REFINEMENT <i>2–4 week check</i>	A dedicated review to confirm you are completely delighted with your result. Any micro-refinements to shape, length or polish are made at no additional charge. We do not consider your treatment complete until you are.	20–30 MIN

APPROXIMATE TREATMENT FEES

Teeth whitening (take-home)	£390 – £600
Composite bonding per tooth	£200 – £400
Full smile (6–10 teeth) + whitening	£1,800 – £3,500
Night guard (recommended)	£150 – £250
Review appointments	Included

FLEXIBLE FINANCE OPTIONS

PAY AS YOU GO PER STAGE	Per stage
Payment per appointment stage. No full commitment upfront.	
0% — 12 MONTHS INTEREST-FREE	From £125
Interest-free, subject to credit approval.	
0% — 24 MONTHS LOWER OUTGOINGS	From £63
Interest-free, lower monthly commitment.	
LOW APR — 36–60M EXTENDED	From £33
Extended terms. Representative APR 9.9%.	

*Finance subject to credit approval. 0% interest available on treatments over £1,000. Extended terms available at a representative APR of 9.9%. A full smile transformation is often achievable for less per month than most people expect.

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Exceptional Dentistry · Exceptional Care

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