

TREATMENT AT NATURAL SMILES

DENTAL HEALTH IMPROVEMENT

UNDERSTANDING YOUR TREATMENT

I.

WHAT IS THIS
TREATMENT?

Your dental health improvement plan is a personalised programme built around your specific needs — which may include tooth-coloured composite fillings, precision-crafted crowns to protect and strengthen weakened teeth, and professional deep cleaning. Everything is clearly planned, clearly costed, and carried out in a logical sequence that puts the most urgent concerns first.

II.

WHY IS IT BENEFICIAL?

Untreated decay and gum disease do not stand still — they progress silently until they cause pain, tooth loss, and far greater cost to treat. Every month without care is a month of avoidable damage. Addressing your dental health now is the most protective investment you can make for your teeth, your comfort and your confidence.

III.

WHAT YOU WALK OUT
WITH

A genuinely healthy mouth — free from decay, infection and discomfort. Teeth that are properly restored and protected. Gums that are clean and stable. And the peace of mind that comes from knowing you have taken back control of your oral health. Everything cosmetic becomes possible once this foundation is in place.

99%

RESTORATION SUCCESS

30+

YEARS EXPERIENCE

10+

YEARS CROWN LIFESPAN

YOUR TREATMENT JOURNEY

A SMILE, RESTORED

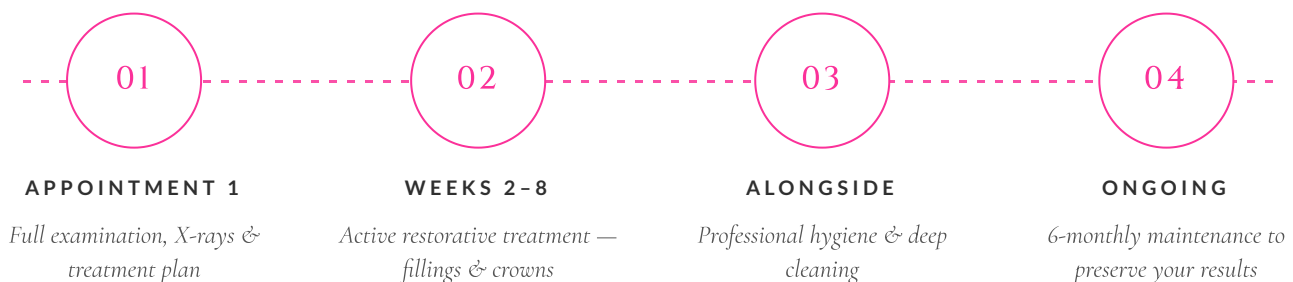
“Most patients tell us the same thing after completing their dental health plan: they only wish they had come sooner. The relief of having a truly healthy mouth — no nagging pain, no anxiety about what might be lurking — is something they had not anticipated feeling quite so strongly.”

Your journey begins with a comprehensive new patient examination — clinical photography, a full diagnostic X-ray series, and a meticulous tooth-by-tooth assessment including your gum health. Nothing is missed. From this we build a complete picture of what your mouth needs and present a clear, prioritised treatment plan with every cost confirmed in writing before anything begins.

Composite fillings are placed under local anaesthetic — quick, comfortable, and tooth-coloured so they are completely invisible. In most cases they are completed the same day as diagnosis. Crowns require two appointments with a short laboratory period between them; you leave both appointments comfortable and protected. Deep cleaning is thorough but gentle, and most patients notice less bleeding and sensitivity within a matter of weeks.

Treatment is staged in a logical sequence — urgent concerns addressed first, then restorations, then the maintenance routine that protects everything long-term. Our hygiene team works alongside your restorative treatment throughout. By the time your plan is complete, you will have a genuinely healthy, stable mouth — and the confidence of knowing exactly how to keep it that way.

TYPICAL TIMESCALES



CONSIDERED CARE, IN EVERY DETAIL

◆ TOOTH-COLOURED FILLINGS

Our composite fillings are colour-matched precisely to your natural tooth shade — completely invisible, mercury-free, and built to last.

◆ HIGH-STRENGTH CROWNS

Our precision-crafted crowns restore full strength to weakened or damaged teeth while looking completely natural — indistinguishable from the teeth around them.

◆ PRIORITISED TREATMENT PLANNING

We treat the most urgent concerns first, so you are never exposed to unnecessary risk whilst working through your plan. Every step is explained before it happens.

◆ INTEGRATED HYGIENE CARE

Gum disease and decay are treated in parallel, not in sequence. Our hygienist works alongside your restorative treatment from the start, so your gum health improves hand-in-hand with your teeth.

◆ TRANSPARENT COST PLANNING

You receive a written, staged treatment plan so you know exactly what each appointment involves and what it costs.

◆ FOUNDATION FOR COSMETICS

A healthy mouth is the foundation of a beautiful smile. Once your dental health is stable and protected, every cosmetic option — whitening, bonding, veneers — becomes available to you.

WHAT OUR PATIENTS SAY

★ ★ ★ ★ ★

"I was terrified of the procedure but the team made me feel completely at ease. The results exceeded every expectation."

SARAH M. • PATIENT

★ ★ ★ ★ ★

"From the very first consultation, I knew I was in the right hands. I can eat, smile and laugh without a second thought."

JAMES T. • PATIENT

★ ★ ★ ★ ★

"The level of care throughout was exceptional. My confidence has been completely transformed. I cannot recommend Natural Smiles highly enough."

HELEN R. • PATIENT

YOUR APPOINTMENT JOURNEY

STEP BY STEP, AT YOUR PACE

NO.	APPOINTMENT	WHAT TO EXPECT	DURATION
1	NEW PATIENT EXAMINATION <i>Comprehensive assessment & treatment planning</i>	A thorough clinical examination with a full X-ray series and clinical photography. We assess every tooth, every pocket, every concern — and present you with a clear, prioritised, fully-costed treatment plan in writing before anything is agreed.	60–75 MIN
2	SCALE & POLISH / DEEP CLEAN <i>Professional hygiene baseline</i>	A thorough professional clean to remove surface deposits and establish a clean, healthy baseline for your restorative work. Personalised oral hygiene coaching included — the techniques we show you here make a measurable difference to your long-term results.	45–60 MIN
3	COMPOSITE FILLINGS <i>Tooth-coloured restorations placed</i>	Decayed tissue removed and each tooth restored with a colour-matched composite resin. Carried out under local anaesthetic — comfortable throughout. Most patients are pleasantly surprised by how straightforward this appointment is, and leave the same day fully restored.	30–90 MIN
4	CROWN PREPARATION <i>Tooth shaped & temporary crown placed</i>	The tooth is carefully shaped under local anaesthetic, precise impressions taken, and a high-quality temporary crown placed the same day. You leave protected and comfortable while your permanent crown is being crafted by our dental laboratory.	60–90 MIN
5	CROWN FITTING <i>Permanent crown placed & checked</i>	Your precision-crafted permanent crown is fitted, adjusted meticulously for bite, and bonded in place. Checked from every angle to ensure a seamless, natural result — you leave with a tooth that looks and functions exactly as it should.	45–60 MIN
6	ONGOING MAINTENANCE <i>6-monthly hygiene & review</i>	Regular 6-monthly appointments with our hygienist and clinician to keep your teeth and gums in excellent long-term health. Early detection at these appointments is what keeps future treatment minimal and your investment protected.	45–60 MIN

APPROXIMATE TREATMENT FEES

Composite filling (per tooth)	£120 – £250
Porcelain crown (per tooth)	£650 – £950
Professional scale & polish	£90 – £190
Deep cleaning (per quadrant)	£100 – £200
6-monthly maintenance plan	from £19/month

FLEXIBLE FINANCE OPTIONS

PAY AS YOU GO PER STAGE	Per stage
Payment per appointment stage. No full commitment upfront.	
0% – 12 MONTHS INTEREST-FREE	See quote
Interest-free, subject to credit approval.	
0% – 24 MONTHS LOWER OUTGOINGS	See quote
Interest-free, lower monthly commitment.	
LOW APR – 36–60M EXTENDED	From £61
Extended terms. Representative APR 9.9%.	

*Finance subject to credit approval. 0% interest available on treatments over £1,000. Extended terms available at a representative APR of 9.9%. Protecting your dental health now is almost always less costly than treating the consequences of delay.

CORBY
01536 206 900
info@naturalsmiles.co.uk

NATURALSILES.CO.UK
Exceptional Dentistry · Exceptional Care

LEICESTER
0116 218 2181
hello@naturalsmiles.co.uk